



## **Lunch Menu 9/26/17 – 10/20/17**

9/26/17 – Spaghetti w/ Meat Sauce, Tossed Salad, Mixed Cut Fruit, Wheat Roll, Milk

9/27/17 – Chicken Tortilla Soup, Tortilla Chips, Salsa, Ginger & Lemon Fruit Salad, Milk

9/28/17 – Beef Burritos, Creamy Corn Salad, Sliced Fruit, Charro Beans, Spanish Rice, Milk

9/29/17 – Pepperoni Pizza, Tossed Salad, Raw Veggies for Dipping, Hummus, Apple, Orange and Raisin Salad, Milk

10/3/17 – Chicken Szechuan, Eggrolls, Cucumber Salad, Sliced Fruit, Brown Rice, Steamed Vegetables, Milk

10/4/17 – Pulled Pork Sandwiches, Cole Slaw, Baked Beans, Fruit Salad w/ Yogurt Dressing, Oven Roasted Potato Fries, Milk

10/5/17 – Tostadas, Black Bean, Tomato and Corn Fiesta Salad, Mixed Cut Fruit, Tortilla Chips, Salsa, Milk

10/6/17 – Tomato Spinach Soup, Ham & Cheese Sandwich, Marinated Veggie Salad, Ginger & Lemon Fruit Salad, Raw Carrots, Milk

10/10/17 – Chili Mac & Cheese, Green Salad, Green Peas, Apple, Orange and Raisin Salad, Wheat Roll, Milk

10/11/17 – Roasted Chicken, Brown Rice & Gravy, Roasted Veggies, Mixed Cut Fruit, Green Beans, Milk

10/12/17 – Fish Tacos, Roasted Potatoes, Baked Beans, Sliced Fruit, Milk

10/13/17 – Chicken Alfredo, Green Salad, Ginger & Lemon Fruit Salad, Roll, Carrot Sticks, Milk

10/17/17 – Crunchy Hawaiian Chicken Wrap, Hummus, Raw Veggies for Dipping, Fruit Salad w/ Yogurt Dressing, Milk

10/18/17 – Meatloaf, Mashed Potatoes, Roll, Green Beans, Broccoli Salad, Mixed Cut Fruit, Milk

10/19/17 – Roasted Fish Crispy Slaw Wrap, Brown Rice Salad, Baked Beans, Ginger & Lemon Fruit Salad, Milk

10/20/17 – Chicken Tenders, Roasted Butternut Squash, Corn Cakes, Green Salad, Apple, Orange and Raisin Salad, Milk

“This institution is an equal opportunity provider.”